# Life After High School: Finding a Good Fit for Students who Learn Differently



#### **Foundations**

- Consider student's academic, emotional, and social needs in selecting colleges
- A good overall fit is extremely important for students with learning differences
- The college search should be a studentdriven process



## Are you concerned about...

- Poor organization
- Procrastination
- Poor social skills
- Weak reading or math skills
- Impulsivity







#### Life Skills

- Waking up
- Laundry
- Meals
- Medications
- Money management







# **College Ready?**



#### IDEA vs. ADA/Section 504

# Individuals with Disabilities Education Act K–12 Education

Children with disabilities have the right to a free appropriate public education (FAPE)

# Americans with Disabilities Act Section 504 of the Rehabilitation Act (1973) Postsecondary Education and Workplace

Protects qualified individuals from discrimination based on their disability (provides access)



#### High School vs. College

- IEP, 504 Plans and Accommodations Plans do NOT follow a student to college
- Need full psychoeducational testing to receive services and accommodations after high school
- Student must act as self-advocate; parents not involved beyond initial meeting



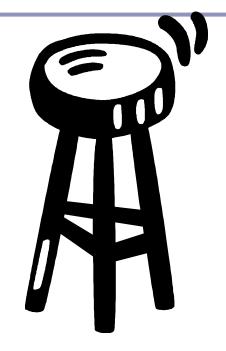
#### **Psychoeducational Testing**

- Documentation requirements
  - Full battery of testing
  - WAIS-IV (16+ years old)
  - Tests of Achievement
  - Specific rationale for math and foreign language exemption/substitution



# **College Readiness**

- Academic ability
- Emotional regulation
- Social skills



Think: Three Legged Stool

# **Determining Priorities**

- What is important to the family? The student?
  - Size, Location of College
  - Type of Learning Environment
  - Type of Community
  - Level of Support and Structure
  - Specific Accommodations and Services



#### **Best Learning Environment**

- Hands-on, experiential learner
- Internship, co-op experiences
- Interactive classes (bored in lecture-style)
- Ability to have reduced course load
- Priority registration
- Benefit from carefully chosen professors



#### **Postsecondary / Transitional Programs**

- Independent Living Skills Programs
- Two Year Colleges
- One Year Transitional Programs
- Post-Graduate Year
- Summer Programs
- Gap Year



#### **Alternative "Next Steps" to College**

- Postsecondary Programs
  - College Internship Program (MA, FL, IN)
  - Mansfield Hall (VT, WI & OR)
  - Institute for Collegiate and Career Studies (NY)
- Two Year Colleges
  - Vermont Technical College
  - Penn College of Technology
- Summer Programs
  - Landmark College
  - Beacon College
  - College Internship Program





#### **Gap Year Programs**

- Travel/Community Service/Internships
- Goals of Gap Year
  - Leadership
  - Self-confidence
  - Social skills
  - Emotional growth
  - Independence







## **Spectrum of Support in College**

Know what your child needs:

- Basic ADA compliance
- Moderate support services



- Comprehensive support programs
- Social/life skills support programs



#### **Colleges with Moderate Support**

#### Some examples are:

- McDaniel College (MD)
- Longwood University (VA)
- Lynchburg College (VA)
- Susquehanna University (PA)
- Guilford College (NC)
- Clark University (MA)



#### **Colleges with Comprehensive Programs**

#### Some examples are:

- Dean College (MA)
- Adelphi University (NY)
- Fairleigh Dickinson University (NJ)
- Mercyhurst University (PA)
- Lynn University (FL)
- McDaniel College (MD)



#### **Programs for Students with ASD**

# These programs include a social skills development component:

- Rochester Institute of Technology (NY)
- University of Connecticut
- Adelphi University (NY)
- Fairleigh Dickinson University (NJ)
- Mercyhurst University (PA)
- Davis and Elkins College (WV)



# Colleges Exclusively for Students who Learn Differently

Landmark College (Putney, VT)

Beacon College (Leesburg, FL)

That's all!



## **#1 Reason for Student Success**

Meeting on a regular basis throughout the semester with a learning specialist who can help the student manage his/her workload and can reduce the likelihood of a downward spiral



#### **Summary**

Question and Answer Period





