# Academics

CBA's instructional philosophy recognizes the uniqueness of every learner. Educators differentiate the curriculum for each child and apply a wide-range of teaching strategies and methodologies to match individual learning styles. Creative techniques including multisensory and multidisciplinary presentations, project-based learning, blended and on-line instruction are utilized to promote effective learning for all students.

### Lower School (K-5)

Students age 5+ are grouped in homerooms by chronological age and receive core academic instruction in ability-based groupings across the division. With low student-teacher ratios, students receive personalized and small group instruction in all academic areas. In addition, social skills are cultivated through weekly social-emotional learning curriculum.





## Middle School (6-8)

Students continue to receive direct instruction in abilitybased language arts and math classes while continuing to develop organizational skills and academic independence. While a departmentalized structure allows students to move from subject to subject, students are supported

by their advocate teacher who serve as the liaisons between school and family. Students not only gain content understanding but awareness and understanding of themselves as learners.

PERSONALIZED INSTRUCTION PLANS MULTISENSORY & PROJECT-BASED CURRICULUM SMALL CLASS SIZES

SOCIAL EMOTIONAL LEARNING INTRAMURAL ATHLETICS **VISUAL & PERFORMING ARTS** "MAKE CBA" ENTREPRENEURSHIP PROGRAM





## Upper School (9-12)

Our rigorous curriculum is focused on academics, as well as technologybased, skills with honors options available. Standard and advanced diplomas are offered based on our student's interests and ability levels. CBA partners with our neighbor, Virginia Wesleyan University, to offer the Advanced Scholars, dual-enrollment, program to our twiceexceptional (2e) learners. Students learn to better understand and articulate their learning needs in preparation for life after graduation.







The mission of Chesapeake Bay Academy is to educate students through academic programs individualized to address their learning differences, empowering them with the skills and confidence necessary for success in higher education, careers and life.

Empowering Children who Learn Differently

CHESAPEAKE BAY ACADEMY

CONSUMER SCIENCE PROGRAM & FOOD LAB **ADVANCED SCHOLARS** PROGRAM







#### SCHEDULE A TOUR TODAY:

Dana Calo, Assistant Head of School Director of Enrollment Management

dcalo@cba-va.org 757.497.6200

Chesapeake Bay Academy offers open enrollment to gualified students

30 Years of Empowering Children with Learning Differences





Chesapeake Bay Academy is the only K-12 independent school in Southeastern Virginia dedicated to serving students with a variety of learning differences.

Over 80% of faculty hold graduate degrees.

# Who We Serve

CBA is the only K-12 independent school in Southeastern Virginia dedicated to serving students with a variety of learning differences, including:

• Dyslexia, Dysgraphia And Dyscalculia

Language-Based Learning Difficulties

ADD/ADHD

- Fine Motor Difficulties
- Developmental Delays
- High-Functioning Autism
- Other Health Impairments
- Auditory Processing Deficits

• Twice Exceptional Learners (2E)



## Personalized Education



At CBA, teachers take a studentcentered approach to their work, focusing on the specific needs of their child. Individualized Instruction Plans are developed for each student and include present levels of performance, accommodations, strengths, challenges and objectives. As the goals of the plan are accomplished, new goals are crafted and the plan evolves.



CBA takes a holistic approach to preparing our students for success in life by incorporating social-emotional learning and mindfulness into our curriculum. Research shows that these practices help to improve attention spans, regulate emotions, improve self-compassion, and reduce anxiety. Students also benefit from instruction in yoga as part of our physical education and wellness curriculum.





## Social Emotional Learning, Mindfulness & Yoga

## Athletics, Fine Arts & Extracurricular Activities

Participation in the school community outside of the academic curriculum serves to nurture self-esteem and develop the collaborative skills that are so important to a child's future success. Athletics offerings include soccer, volleyball, basketball, bowling, table tennis, cross country, and karate, as well as our Spirit Club for our non-athletes to be engaged. The Fine Arts program offers a variety of musical, visual and digital arts options. Participation regardless of skill level is encouraged.

## Family Impact

CBA offers a warm and nurturing environment that allows students to feel safe and find success in the classroom. As students are relieved of the stress and frustration that often accompanies academic struggle, parents become more relaxed. The result is a happier, more balanced family life.

# After CBA

CBA works closely with our students throughout their years in the upper school to help them identify the next step in their educational journey. Over the past 10 years, 90% of CBA graduates have gone on to pursue higher education at a wide variety of 2-and 4-year colleges and universities. Others have chosen vocational education programs or careers in the civilian and/or military workforces. Whatever they choose, CBA graduates leave ready for success in highereducation, careers and life.

# Meet Our Alumni



#### **Test Scores**

Data includes averages over three years (2016-2019).

#### SAT

CBA Math Average: 510 National Average: 513 CBA Reading Average: 525

#### ACT

National Average: 21

# National Average: 497

### CBA Average: 24



### Molly Lowry '19

Molly began her CBA journey in the 3rd grade after struggling in a traditional school setting. As part of her journey she flourished as an artist, found her passion for graphic design, and is now attending the University of Mary Washington.

"CBA is the best school. CBA has the best faculty and staff that really care for their students and want to get to know them. This helped me prepare for college, knowing that my high school teachers wanted to get know me, prepared me to get to know my college professors. I will never forget my CBA family."

### Josh Fittler '15

Josh joined CBA in middle school after being diagnosed with ADHD. He remembers being embraced by both his teachers and classmates from the very first day. In addition to excelling academically, Josh enjoyed several extracurricular athletics activities and was selected to be part of an accelerated band practicum. Josh is now a proud graduate of Virginia Tech and is currently enrolled at Stetson University College of Law.

"CBA is a great way to prepare yourself for life after school – it supports you and challenges you to achieve more than you ever dreamed possible."



Learn more about our alumni at cba-va.org/lamCBA

