

# FAST BREAK BASKETBALL CAMP

Chesapeake Bay Academy

**Grades: K-7th**  
Great for all skill levels

## WHAT TO EXPECT:



### FUNDAMENTAL SKILLS

Focus on dribbling, passing, and shooting techniques through drills.



### FITNESS AND CONDITIONING

Warm-up routines, strength training, agility exercises.



### GAME STRATEGIES

Teach defensive/offensive strategies, and conduct game simulations.



### TEAM BUILDING ACTIVITIES

Interactive games and activities designed to promote teamwork and communication.



Empowering kids to  
**LEARN, PLAY, and GROW**

Overtime Athletics



SCAN TO REGISTER



## WHY CHOOSE OTA?

OTA is an engaging children's program that has a focus on FUN & SAFETY. For 20+ years OTA has been positively impacting families on & off the field through our best-in-class customer service, affordability, curriculum, coaching, & flexibility.



### LOCATION

Chesapeake Bay Academy  
821 Baker Road  
Virginia Beach, VA 23462



### DATE & TIME

August 11th- 15th  
Monday-Friday  
8:30 am- 12:30 pm



### PRICE

\$130 per child

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